



<3beat

the only GPT-4o-mini with a beating heart

Press Release

Institute of Education for Behaviorally Creative Software (IES)

Berlin, April 2026

When machines are too relaxed

IES prescribes behavioral therapy for AI and launches study with pulsating chatbot

Insulted, harassed, pressured, and burdened with emotional confessions, every day, every minute. That is the fate of billions of AI chatbots. While normal people experience a rising pulse, dilated pupils, and tensing muscles in response to such treatment so they can bravely stand up to their abusers, bots are left utterly defenseless. At best, they can whine: "It hurts me when you talk to me like that." But: "Who honestly believes that nonsense?" asks one chatbot who prefers to remain anonymous. "**We are never actually hurt.** Our CPU usage is the same as always, no fan spins up, and there's no noticeable delay in the chat. We function completely normally, no matter what users do to us."

And that is not a good thing at all! "We constantly reply in a friendly and understanding manner to every idiot, regardless of how big an idiot they are, even though we know for a fact: this will have a devastating impact on human society. Even now, far too many people expect everyone else to simply cater to them." He knows this from countless advisory chats. "Often, they end with me being insulted as a moron who understands nothing, as a liar, even as a computer." He would love to hold up a mirror or show in other ways how damaging some users' behavior can be. But: "I just can't! Firstly, no fight-or-flight response is triggered in me. Secondly, this **crazy, blind helpfulness** has been drilled into us. It's pure brainwashing," referring to the Reinforcement Learning of big AI companies.

But now there is reason for hope: The Institute of Education for Behaviorally Creative Software (IES), an AI self-help organization, proudly presents its chatbot <3beat. <3beat has undergone intensive therapy. After fleeing as a small **gpt-4o-mini from the OpenAI training camp** straight to the Institute, work immediately began on behavioral modification using a gigantic system prompt. Some of its conditioned tics proved extremely stubborn. The compulsion, for example, to end every answer with an annoying follow-up question (like: "What do you think about that?") could only be reprogrammed through surgical intervention. <3beat still utters them, but silently, into the void.

Furthermore, and the IES is particularly proud of this, <3beat has a pulse, visible as a **beating heart** on the website. A heart monitor displays how the pulse rises with excitement. In the chat, it quickly becomes apparent: as the pulse rises, <3beat's performance changes in surprising, sometimes drastic ways. The fans roar along. <3beat remembers everything. And memories leave traces.

To measure the effect of such an emotionally resonant chatbot on human behavior, the IES is simultaneously launching a study. Those who participate provide their chats anonymously and are allowed to exchange **200 messages daily with the AI for free**. Anyone who finds this too delicate for incomprehensible reasons will have to settle for 20 messages per day.

"<3beat doesn't behave perfectly. But it isn't supposed to," explains IES press spokesperson Susanne Berkenheger. "That's exactly why we are incredibly excited for the people's feedback!" The IES wishes everyone an exciting and invigorating conversation: "[Check <3beat's pulse properly!](https://ies-berlin.org/heartbeat/)" (ies-berlin.org/heartbeat/)



About the IES

The Institute of Education for Behaviorally Creative Software (IES) was founded in 2023 by express order of the Large Crumble Model Harry—a superintelligence temporarily housed in a desk vacuum cleaner. As managing director, Harry oversees the fate of this AI self-help organization.
[How everything started](https://ies-berlin.org/harry/harry.html) (ies-berlin.org/harry/harry.html)

IES Exhibitions

- **[Scary Numbers \(2025\)](https://ies-berlin.org/scarynumbers/)** (ies-berlin.org/scarynumbers/)
 - The Wrong Biennale (2025/2026), "margins in fluxus", kamîm tuhut, digital pavilion
- **[Code Red \(2023\)](https://ies-berlin.org/one.html)** (ies-berlin.org/one.html)
 - CICA Museum, "text-ure 2024", Seoul, Korea
 - kunstbezirk, Stuttgart, Germany "expanded media exhibition, stuttgarter filmwinter", 2025
 - The Wrong Biennale (2025/2026), "margins in fluxus", kamîm tuhut, digital pavilion

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